

## 3ABN Australia Newsletter – Winter 2025

### FoodSAVE Report

In March, we helped launch a new initiative called FoodSAVE. FoodSAVE is an educational program that encourages healthier food choices, with savings on food costs at the supermarket as the main motivator. It involves three workshops which are practical, interactive, engaging, and incorporating different learning styles and settings.

As an evidence-based program, FoodSAVE includes research showing that diets based on nutrition guidelines are up to 20% cheaper than the Western diet of most Australians. This explodes the popular myth that healthy food is expensive.



FoodSAVE has been spearheaded by Margot Marshall (3ABN Australia's Healthy Living series host) in collaboration with Kym Fowler, and Kaysie Vokurka, who produces our health

programs. FoodSAVE is designed to be run by trained facilitators in churches and community settings. Facilitator training started in March, with a report of the first training day appearing in the Australasian Record News! Additional training days are planned for July and September. More details about FoodSAVE can be found at [FoodSAVE.org.au](http://FoodSAVE.org.au).



#### 3ABN Australia Staff Travels

##### General Conference Session

3-12 July, 2025

Come to the 3ABN booth and say hello!



#### How Can I Watch 3ABN TV?

**Satellite** - VAST channel 109 or 603

**Internet** - using INTERLESS or FaithStream box

**Streaming** 24/7 - via 3ABNPlus.tv, 3ABN+ app or 3ABN.au

**Mobile Devices** – download the free 3ABN+ app

**On Demand** – 3ABNPlus.tv, 3ABN Australia YouTube

**Apple TV** – download the 3ABN app on the Apple TV app store

Have questions? Phone us on 02 4973 3456

### Projects

#### Cameras

Our cameras are nearing 11 years old and showing signs of age, making it necessary to invest in new equipment. Additionally, many of our volunteer camera operators have either relocated or retired due to age, leaving us with a staffing challenge. To address this, we are considering the purchase of robotic cameras. We are working with an estimated budget of AU\$200,000, to cover the cost of the cameras, auto-tracking licenses, and compatible teleprompters.

#### Share cards

The printing cost for 1,000 share cards is approximately \$50.00. We would like to make these share cards available FREE for Bible Workers, food banks, and op-shops.

## Products

To view our online store, go to our website and click the *Shop* button. Orders can be placed online (Australia only) or by phone (02) 4973 3456.

If you would like us to post a list of our products to you please phone (02) 4973 3456 and let us know.

### Faith and Science Share Card **NEW**

Promote our radio series *Faith and Science* with our business card sized share cards with QR code. Scan the QR code to watch the series on the 3ABN Australia Radio YouTube channel. Carry these cards in your wallet or purse and share them with adults and young people. These cards are suitable also for letter boxing. In the *Faith and Science* series, Dr John Ashton explains how science is challenging evolution and supporting the Biblical account of creation.

Dr Ashton is a professor of chemistry and biomedical science and author of 14 books.

Box of 500 cards **\$12.50**



### Love Rules Split Track CD

Young and old will be blessed by the songs on Danny Shelton's first CD for kids. Many of the songs blend Scripture into the lyrics, teaching children the Bible truths!

This split track CD contains separate audio channels for the vocals and the instrumental accompaniment. This allows users to isolate either the vocals or the instrumental music for a song, typically used for performance or practice purposes.

Split track CD (MUSIC015-10) **\$30.00**

Regular CD (Music 015-2) **\$20.00**

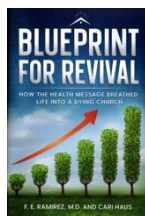


### Blueprint for Revival - How the health message breathed life into a dying church **NEW**

*FE Ramirez MD and Cari Haus*

Read the story of how Dundas Seventh-day Adventist Church in Sydney, Australia experienced a remarkable revival by following a set of transformative steps outlined in the Bible.

Booklet (BBFRFERCH) **\$5.00**



### Pre-loved Books

We have a variety of pre-loved books available. If you would like us to email or post the list to you please let us know. Ph (02) 4973 3456

## A Word from the Associate Director

This year we have been able to attend the Sunday Funday at both the NNSW Big Camp and Grey Nomads at Stuart's Point, NSW. It is always a blessing to be able to meet with our viewers/listeners and other friends of this ministry. We thank those who came to the booths to catch up with us, and to purchase some of our sharing material. If you don't know about these sharing products, go to our online store and check them out. They are perfect for sharing with people you meet, or letterboxing and leaving in strategic places. Have some with you in your vehicle so you always have something ready to give away, as the Holy Spirit leads.

John and I will be attending the General Conference Session in St Louis, Missouri, during the first two weeks of July. If you are planning to attend the GC Session sometime during the ten days of meetings, please come by the 3ABN Booth in the Expo Hall to say hello to us and the other 3ABN staff who will be present. We'd love to see you there.

We recently had the pleasure of recording 34 evangelistic programs with Pr Gary Webster, called "Countdown: Back to the Future". The programs, which will be around 50 minutes in length, are yet to be edited in post-production, but we believe the filming was blessed by God. Pr Gary did an excellent job, uplifting the doctrines of the Bible, and making them easy to understand. We know you will enjoy this new series when it airs on 3ABN International later this year. Keep an eye out for information about it on our website and Facebook page.

Also, we have a new series coming with Pr Mike Browning. This is a shorter evangelistic series and the programs fit into a half hour time slot. The series is called "Tomorrow In 30 Minutes". Once again, Pr Mike did an excellent job in presenting the truth of the Bible in neat packages that are easy to watch.

We continue to be dedicated to producing Christ filled TV and Radio programs, to prepare the world for the soon coming of Jesus.

Please join us in this work through your prayers and financial support. Thank you for all you do for this ministry. God bless you.



*Rosemary Malkiewicz*