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Newsletter - Spring 2018

3ABN Australia Homecoming and Rally: "Knowing Him"

"And this is life eternal that they might know thee the only true God, and Jesus Christ, whom thou hast sent" John 17:3. In this day and age, what could be more important than knowing God? Come and be blessed by spiritual messages, uplifting music, and Christian fellowship at Avondale Memorial Church October 11-14, 2018 and Launceston Seventh-day Adventist Church October 19-20, 2018. Do join us.

Last month 3ABN Australia turned 15 years old. To help celebrate this milestone there will be two very special events for 3ABN Australia in October.

The *first* is our 'Homecoming' at Avondale Memorial Church, Cooranbong, NSW. It starts on Thursday October 11 at 6:00pm and finishes on Sunday, October 14 at 1:00pm and is not to be missed! Our theme is "Knowing God" (John 17:3). This is the key to eternal life.

You will hear sermons and music from both 3ABN staff and local speakers and musicians. There will be 13 sermons and many musical items, two concerts as well as congregational singing with 3ABN's Tim Parton. It will be a spiritual feast, where God will be glorified as we all come to know Him better.

To find out more go to the 3ABN Australia website at https://www.3abnaustralia.org.au/homecoming/ or phone (02) 4973 3456. On the website you will find the program schedule, a list of possible places of accommodation and, if you are from 'out of town' you can order vegan lunch and tea for Friday and Sabbath. Gluten free options are available. To help the caterers in their preparations meals must be pre-booked and paid for by September 24. At the time of purchase please specify if gluten free is required.

The second event is the 3ABN Australia 'Rally' at the Launceston SDA Church in Tasmania the following Sabbath. It will begin at 6:30pm on Friday, October 19, then all day Sabbath, October 20, concluding with an evening concert. The 3ABN speakers and musicians will be leading the Rally. A potluck lunch will be held at the church on the Sabbath. The program and information for the Rally is also available at the website above.

Be sure to attend either the Homecoming at Cooranbong or the Rally in Launceston – OR BOTH! Bring your family, friends, and contacts, especially, to the concerts. Don't forget to pass the information on to those you know who don't receive this newsletter. How about putting a notice into your church bulletin so more people will know? May God bless you and we look forward to seeing you, and those you bring with you, at either of the events.

3ABN Australia Office Hours and Shopping Homecoming 2018 weekend

The 3ABN Australia office will be CLOSED Friday, 12th October 2018 due to the Homecoming. We will re-open Monday, 8.30am 15th October, 2018. You are welcome to stop by to shop from our full range of products prior to, and following, the Homecoming. We do plan to have music CDs and DVDs available for purchase at the Homecoming.

Homecoming Pre-purchases

Products can be pre-purchased and picked up at the 3ABN Australia Homecoming, Avondale Memorial Church, or from our office at 6 Kam Close, Morisset.

Testimonies from our viewers and listeners

"You are putting on good, practical programs. I really do enjoy them. 3ABN has become my family, and when you are on your own that is really lovely." Phone call from NSW

"One of my favourite programs that I like to listen to is John Ashton's program. Thank you." Email from VIC

Peter's wife was "absolutely thrilled" when she found 3ABN on her FM Radio. She had been starving for Christian fellowship since she moved into a nursing home. After finding 3ABN on the radio she would phone her husband after every program to let him know what she had been hearing. Shortly after Peter's phone call, Robyn his wife phoned and said, "I am so glad that there is a good Bible Christian radio station. Thank you so much!"

Departmental Report – Healthy Living

Dr Andrew Pennington is an integrative General Practitioner from Sydney who combines the best of conventional western medicine with evidence-based complementary medicine and therapies. We have recently produced four Healthy Living programs with him. In these programs he covers topics such as childhood trauma and mental health, and how what we eat affects the mental health of adults.

Copies of these programs are now available and can be purchased as DVDs or digital downloads from our online store, or phoning our office to order.

Last month we had another visit from Dr Eddie Ramirez, Research Doctor, Weimar Institute, California. We filmed five Healthy Living programs with Dr Eddie where he spoke about the latest research in the area of neuroplasticity – the brain's ability to reorganize itself by forming new neural connections throughout life – something that fits perfectly with Bible sanctification.

Dr Eddie also joined his wife and three daughters for four Vegan Mexican Cooking programs. They were lots of fun with very easy recipes for everyone to enjoy. 3ABN Australia staff are now eating more Mexican food as a result! The programs with Dr Eddie and his family will start airing in the future so keep an eye out for them. The Ramirez programs will be available for purchase after they have aired on 3ABN.



Discover how to save around 25% on your food bill (\$2000-\$3000 a year for an average family of four)

with the award-winning FOODcents program developed by a dietitian at WA Health. FOODcents cuts right through the complexities of nutrition and shows how to balance the diet by balancing the food budget. For the average Australian that means spending around 3 times as much on plant foods, which is a win, win; good for our wallet, good for our health and good for our planet.

You can purchase DVDs and digital downloads of the programs from our online store.

Margot Marshall Producer/Host, Health **Programming**



New Products - postage is extra

To view our online store go to our website and click the Shop button. Orders can be placed online (Australia only) or by phone (02) 4973 3456.

NEW Steps to Christ Recovery Edition by Cheri Peters with Sophie Berecz -Steps to Christ, recovery edition, is a modern version of the classic book about the way God heals us and restores us to wholeness. The powerful lessons come alive in all-new recovery language. Each chapter includes discussion questions.



Recommended for small group studies and personal growth. \$10.00



NEW Gold for My Girlfriends by Kay **Kuzma** - Life should not be measured by the number of breaths we take, but by the number of moments that take our breath away. Forget about spending time trying to mask your age. Instead, focus on creating breathtaking moments that can never be taken away from you. If you do

that, then every age can be "golden." \$32.00

NEW God's Amazing Wild Animals colouring book - 24 pages of God's amazing wild animals for children to colour and learn about. Great for giveaways and classrooms too. Each page contains a scripture and animal fact. \$2.50





NEW Spring Camp Meeting 2018: The Three Angels Messages Set of 19 programs from 3ABN's 2018 Spring Camp Meeting: The Three Angels' Messages. The set contains all programs excluding the Give Him Glory concert and the Sabbath School Panel. Discs are

packaged in individual loose sleeves. Programs are also available individually. Set of 19 DVDs \$114.00

NEW Focus on God's Word season 5 End Time Apocalpyse –

The Book of Revelation, also known as the Apocalypse, is full of mystery and symbolism about the end times. In this series evangelist Danny Milenkov clears up misconceptions about



Revelation and shows how we can prepare for this final crisis. Available as DVD or HD/SD Video Download.

\$35.00 DVD set