

NZST	Thursday
Midnt	Summer Camp Meeting
12:30	...continued
1:00	3ABN Today Cooking
1:30	...continued
2:00a	Amazing Facts Presents...
2:30	Tiny Tots Kitchen/Tiny Tots Worship
3:00	Creation Is! Science/Kids Camp Creation Crafts
3:30	Kids X-press/Jesus My Light
4:00a	The Carter Report
4:30	...continued
5:00	ASI Convention
5:30	...continued
6:00a	Focus On God's Word (Aust)
6:30	...continued
7:00	3ABN Today Cooking
7:30	...continued
8:00a	Discover Prophecy
8:30	...continued
9:00	Body & Spirit Aerobics
9:30	Eternal Truths Matter
10:00a	Spotless
10:30	...continued
11:00	Your Lifestyle As Medicine (Aust)
11:30	Laymen Ministries
Noon	🔴 A Sharper Focus LIVE
12:30	...continued
1:00	Praise Him Now
1:30	Mission 360°
2:00p	3ABN Today Cooking
2:30	...continued
3:00	Mark Finley Presents
3:30	...continued
4:00p	Action 4 Life (Health & Exercise)
4:30	Tiny Tots Kitchen/Tiny Tots Worship
5:00	Kids Camp Fit Club
5:30	The Creation Case (Children)
6:00p	Kids X-press/Jesus My Light
6:30	Lineage
7:00	3ABN Today
7:30	...continued
8:00p	It's Coming
8:30	...continued
9:00	Let God Speak (Aust)
9:30	Country Wisdom
10:00p	GYC
10:30	...continued
11:00	ASI Convention
11:30	...continued

NZST	Friday
Midnt	The Carter Report
12:30	...continued
1:00	3ABN Today
1:30	...continued
2:00a	Melody From My Heart (Music)
2:30	Abundant Living
3:00	Kids Camp Sing-Along/Kids Praise Too!
3:30	Tiny Tots Kitchen/Tiny Tots Worship
4:00a	Kids Camp Kitchen Fun
4:30	Your Lifestyle As Medicine (Aust)
5:00	The Creator Revealed
5:30	Ultimate Prescription
6:00a	🔴 A Sharper Focus LIVE
6:30	...continued
7:00	3ABN Today
7:30	...continued
8:00a	Revelation Speaks Peace
8:30	...continued
9:00	Body & Spirit
9:30	Let God Speak (Aust)
10:00a	Contending for the Faith
10:30	Child Impact Intl/Impact Hope
11:00	Summer Camp Meeting
11:30	...continued
Noon	Bible Answers Live
12:30	...continued
1:00	🔴 3ABN Today LIVE
1:30	...continued
2:00p	3ABN Today
2:30	...continued
3:00	3ABN Fall Homecoming
3:30	...continued
4:00p	Body & Spirit
4:30	Tiny Tots For Jesus (Tots)
5:00	Kids Camp Bible Gems/Kids Camp Bible Buzz
5:30	A Day With the King (Children - Aust)
6:00p	🔴 3ABN Today LIVE
6:30	...continued
7:00	...continued
7:30	...continued
8:00p	Sabbath School Panel
8:30	...continued
9:00	The Carter Report
9:30	...continued
10:00p	The Incredible Journey
10:30	Maranatha Mission Stories
11:00	Let God Speak (Aust)
11:30	Perfecting Me

NZST	Sabbath
Midnt	Countdown: Back to the Future (Aust)
12:30	...continued
1:00	3ABN Today
1:30	...continued
2:00a	Daniel All Access
2:30	...continued
3:00	3ABN Fall Homecoming
3:30	...continued
4:00a	3ABN Now (Aust)
4:30	...continued
5:00	A Day With the King (Children - Aust)
5:30	Let God Speak (Aust)
6:00a	Summer Camp Meeting
6:30	...continued
7:00	3ABN Today
7:30	...continued
8:00a	Bible Answers Live
8:30	...continued
9:00	Jesus My Light/Tiny Tots Worship
9:30	A Day With the King (Children - Aust)
10:00a	Pioneer Media
10:30	...continued
11:00	Focus On God's Word (Aust)
11:30	...continued
Noon	The Carter Report
12:30	...continued
1:00	3ABN Australia Homecoming
1:30	...continued
2:00p	3ABN Today
2:30	...continued
3:00	Discover Prophecy
3:30	...continued
4:00p	Spotless
4:30	...continued
5:00	The Carter Report
5:30	...continued
6:00p	Kids Camp Sing-Along/Kids Praise Too!
6:30	Tiny Tots For Jesus (Tots)
7:00	3ABN Today
7:30	...continued
8:00p	Secrets Unsealed Presents...
8:30	...continued
9:00	A Wolf in Sheep's Clothing
9:30	Tomorrow in 30 Minutes (Aust)
10:00p	Pillars of Faith
10:30	...continued
11:00	3ABN Australia Homecoming
11:30	...continued



July 2026 Monthly TV Guide

For New Zealand

3ABN Today LIVE
Fridays at 1:00pm NZST

3ABN International is available on VAST channels 109 and 603, 3ABN+ (3abnplus.tv and app), FaithStream, and mySDAtv.

★ = New series 🔴 = Live program

🔵 = Repeat of live program

Program titles in red are changes effective this month.

NZST Sunday

Midnt	Unshackled Purpose/Intimate Clarity
12:30	A Multitude of Counselors
1:00	3ABN Today
1:30	...continued
2:00a	Lineage
2:30	Tiny Tots For Jesus (Tots)
3:00	The Creation Case (Children)
3:30	Laymen Ministries
4:00a	GYC
4:30	...continued
5:00	Recipes from Russia/Impact Hope
5:30	Perfecting Me
6:00a	Mark Finley Presents
6:30	...continued
7:00	🔗 3ABN Today LIVE
7:30	...continued
8:00a	...continued
8:30	...continued
9:00	Body & Spirit Aerobics
9:30	Let God Speak (Aust)
10:00a	Adventures In Missions
10:30	Heart Lift
11:00	Inspirational Hour
11:30	...continued
Noon	Healthy Living (Aust)
12:30	Maranatha Mission Stories
1:00	Melody From My Heart (Music)
1:30	Salvation in Symbols & Signs
2:00p	3ABN Today
2:30	...continued
3:00	Adventist World Radio
3:30	Abundant Living
4:00p	Body & Spirit
4:30	The Incredible Journey
5:00	Kids Camp Kitchen Fun
5:30	The Creation Case (Children)
6:00p	Three Angels for Kids
6:30	People Just Like Us (Aust)
7:00	3ABN Today
7:30	...continued
8:00p	Spotless
8:30	...continued
9:00	3ABN Now (Aust)
9:30	...continued
10:00p	Celebrating Life In Recovery
10:30	...continued
11:00	The Creator Revealed
11:30	Made For Health

NZST Monday

Midnt	Digital Disconnect
12:30	Thunder in the Holy Land
1:00	3ABN Today
1:30	...continued
2:00a	GYC
2:30	...continued
3:00	Kids Camp Fit Club
3:30	Kids Camp Bible Gems/Kids Camp Bible Buzz
4:00a	Pioneer Media
4:30	...continued
5:00	Behold the Lamb Presents
5:30	...continued
6:00a	Revelation of Hope
6:30	...continued
7:00	3ABN Today
7:30	...continued
8:00a	Sabbath School Panel
8:30	...continued
9:00	Body & Spirit
9:30	Country Wisdom
10:00a	Kenneth Cox Ministries
10:30	...continued
11:00	The Heavens Declare
11:30	Jesus 4 Asia Now
Noon	Child Impact Intl/Recipes from Russia
12:30	Unshackled Purpose/Intimate Clarity
1:00	When We Talk
1:30	Life After Choice/Divine Design
2:00p	3ABN Today
2:30	...continued
3:00	LifeStart Seminars
3:30	Enjoy Healthy Eating (Cooking)
4:00p	Body & Spirit
4:30	Tiny Tots For Jesus (Tots)
5:00	Tiny Tots Kitchen/Tiny Tots Worship
5:30	Awesome Science (Children)
6:00p	3ABN Fall Homecoming
6:30	...continued
7:00	3ABN Today
7:30	...continued
8:00p	Countdown: Back to the Future (Aust)
8:30	...continued
9:00	Your Lifestyle As Medicine (Aust)
9:30	Your Favorites by Request (Music)
10:00p	Behold the Lamb Presents
10:30	...continued
11:00	It's Coming
11:30	...continued

NZST Tuesday

Midnt	Secrets to Wellness
12:30	Unshackled Purpose/RQRA
1:00	3ABN Today
1:30	...continued
2:00a	Ultimate Prescription
2:30	Enjoy Healthy Eating (Cooking)
3:00	Cook:30 for Kids (Children)
3:30	Kids Camp Sing-Along/Kids Praise Too!
4:00a	Revelation Speaks Peace
4:30	...continued
5:00	Celebrating Life In Recovery
5:30	...continued
6:00a	The Carter Report
6:30	...continued
7:00	3ABN Today
7:30	...continued
8:00a	Revelation Insights
8:30	...continued
9:00	Body & Spirit Aerobics
9:30	Lineage
10:00a	Maranatha Mission Stories
10:30	People Just Like Us (Aust)
11:00	ASAP Ministries
11:30	Melody From My Heart (Music)
Noon	The Creator Revealed
12:30	Made For Health
1:00	Daniel All Access
1:30	...continued
2:00p	3ABN Today
2:30	...continued
3:00	A Wolf in Sheep's Clothing
3:30	Your Favorites by Request (Music)
4:00p	Action 4 Life (Health & Exercise)
4:30	Tiny Tots For Jesus (Tots)
5:00	Kids Camp Sing-Along/Kids Praise Too!
5:30	Cook:30 for Kids (Children)
6:00p	Eternal Truths Matter
6:30	It Is Written
7:00	3ABN Today
7:30	...continued
8:00p	Cook:30
8:30	Amazing Facts Presents...
9:00	3ABN Now (Aust)
9:30	...continued
10:00p	Focus On God's Word (Aust)
10:30	...continued
11:00	Recipes from Russia/Pause to Pray
11:30	Life After Choice/Divine Design

NZST Wednesday

Midnt	Revelation of Hope
12:30	...continued
1:00	🔗 3ABN Today LIVE
1:30	...continued
2:00a	...continued
2:30	...continued
3:00	Awesome Science (Children)
3:30	Tiny Tots For Jesus (Tots)
4:00a	Three Angels for Kids
4:30	Maranatha Mission Stories
5:00	ASAP Ministries
5:30	Evolution Impossible (Aust)
6:00a	Healthy Living (Aust)
6:30	Mission 360°
7:00	3ABN Today
7:30	...continued
8:00a	Countdown: Back to the Future (Aust)
8:30	...continued
9:00	Body & Spirit
9:30	Adventures In Missions
10:00a	It Is Written
10:30	Tomorrow in 30 Minutes (Aust)
11:00	3ABN Now (Aust)
11:30	...continued
Noon	Summer Camp Meeting
12:30	...continued
1:00	Mark Finley Presents
1:30	...continued
2:00p	3ABN Today
2:30	...continued
3:00	Digital Disconnect
3:30	Cook:30
4:00p	Body & Spirit
4:30	Jesus 4 Asia Now
5:00	Tiny Tots Kitchen/Tiny Tots Worship
5:30	Creation Is! Science/Kids Camp Creation Crafts
6:00p	LifeStart Seminars
6:30	The Incredible Journey
7:00	3ABN Today Cooking
7:30	...continued
8:00p	Optimize 4 Life
8:30	Salvation in Symbols & Signs
9:00	Revelation Insights
9:30	...continued
10:00p	Evolution Impossible (Aust)
10:30	When We Talk
11:00	Secrets Unsealed Presents...
11:30	...continued