

AEST	Thursday
Midnt	Amazing Facts Presents...
12:30	Tiny Tots Kitchen/Tiny Tots Worship
1:00	Creation Is! Science/Kids Camp Creation Crafts
1:30	Kids X-press/Jesus My Light
2:00a	The Carter Report
2:30	...continued
3:00	ASI Convention
3:30	...continued
4:00a	Focus On God's Word (Aust)
4:30	...continued
5:00	3ABN Today Cooking
5:30	...continued
6:00a	Discover Prophecy
6:30	...continued
7:00	Body & Spirit Aerobics
7:30	Eternal Truths Matter
8:00a	Spotless
8:30	...continued
9:00	Your Lifestyle As Medicine (Aust)
9:30	Laymen Ministries
10:00a	 A Sharper Focus LIVE
10:30	...continued
11:00	Praise Him Now
11:30	Mission 360°
Noon	3ABN Today Cooking
12:30	...continued
1:00	Mark Finley Presents
1:30	...continued
2:00p	Action 4 Life (Health & Exercise)
2:30	Tiny Tots Kitchen/Tiny Tots Worship
3:00	Kids Camp Fit Club
3:30	The Creation Case (Children)
4:00p	Kids X-press/Jesus My Light
4:30	Lineage
5:00	3ABN Today
5:30	...continued
6:00p	It's Coming
6:30	...continued
7:00	Let God Speak (Aust)
7:30	Country Wisdom
8:00p	GYC
8:30	...continued
9:00	ASI Convention
9:30	...continued
10:00p	The Carter Report
10:30	...continued
11:00	3ABN Today
11:30	...continued

AEST	Friday
Midnt	Melody From My Heart (Music)
12:30	Abundant Living
1:00	Kids Camp Sing-Along/Kids Praise Too!
1:30	Tiny Tots Kitchen/Tiny Tots Worship
2:00a	Kids Camp Kitchen Fun
2:30	Your Lifestyle As Medicine (Aust)
3:00	The Creator Revealed
3:30	Ultimate Prescription
4:00a	 A Sharper Focus LIVE
4:30	...continued
5:00	3ABN Today
5:30	...continued
6:00a	Revelation Speaks Peace
6:30	...continued
7:00	Body & Spirit
7:30	Let God Speak (Aust)
8:00a	Contending for the Faith
8:30	Child Impact Intl/Impact Hope
9:00	Summer Camp Meeting
9:30	...continued
10:00a	Bible Answers Live
10:30	...continued
11:00	 3ABN Today LIVE
11:30	...continued
Noon	3ABN Today
12:30	...continued
1:00	3ABN Fall Homecoming
1:30	...continued
2:00p	Body & Spirit
2:30	Tiny Tots For Jesus (Tots)
3:00	Kids Camp Bible Gems/Kids Camp Bible Buzz
3:30	A Day With the King (Children - Aust)
4:00p	 3ABN Today LIVE
4:30	...continued
5:00	...continued
5:30	...continued
6:00p	Sabbath School Panel
6:30	...continued
7:00	The Carter Report
7:30	...continued
8:00p	The Incredible Journey
8:30	Maranatha Mission Stories
9:00	Let God Speak (Aust)
9:30	Perfecting Me
10:00p	Countdown: Back to the Future (Aust)
10:30	...continued
11:00	3ABN Today
11:30	...continued

AEST	Sabbath
Midnt	Daniel All Access
12:30	...continued
1:00	3ABN Fall Homecoming
1:30	...continued
2:00a	3ABN Now (Aust)
2:30	...continued
3:00	A Day With the King (Children - Aust)
3:30	Let God Speak (Aust)
4:00a	Summer Camp Meeting
4:30	...continued
5:00	3ABN Today
5:30	...continued
6:00a	Bible Answers Live
6:30	...continued
7:00	Jesus My Light/Tiny Tots Worship
7:30	A Day With the King (Children - Aust)
8:00a	Pioneer Media
8:30	...continued
9:00	Focus On God's Word (Aust)
9:30	...continued
10:00a	The Carter Report
10:30	...continued
11:00	3ABN Australia Homecoming
11:30	...continued
Noon	3ABN Today
12:30	...continued
1:00	Discover Prophecy
1:30	...continued
2:00p	Spotless
2:30	...continued
3:00	The Carter Report
3:30	...continued
4:00p	Kids Camp Sing-Along/Kids Praise Too!
4:30	Tiny Tots For Jesus (Tots)
5:00	3ABN Today
5:30	...continued
6:00p	Secrets Unsealed Presents...
6:30	...continued
7:00	A Wolf in Sheep's Clothing
7:30	Tomorrow in 30 Minutes (Aust)
8:00p	Pillars of Faith
8:30	...continued
9:00	3ABN Australia Homecoming
9:30	...continued
10:00p	Unshackled Purpose/Intimate Clarity
10:30	A Multitude of Counselors
11:00	3ABN Today
11:30	...continued



July 2026

Monthly TV Guide

For Eastern Australia/PNG

3ABN Today LIVE
Fridays at 11:00am AEST

3ABN International is available on VAST channels 109 and 603, 3ABN+ (3abnplus.tv and app), FaithStream, and mySDAtv.

★ = New series  = Live program

 = Repeat of live program

Program titles in red are changes effective this month.

AEST	Sunday
Midnt	Lineage
12:30	Tiny Tots For Jesus (Tots)
1:00	The Creation Case (Children)
1:30	Laymen Ministries
2:00a	GYC
2:30	...continued
3:00	Recipes from Russia/Impact Hope
3:30	Perfecting Me
4:00a	Mark Finley Presents
4:30	...continued
5:00	🕒 3ABN Today LIVE
5:30	...continued
6:00a	...continued
6:30	...continued
7:00	Body & Spirit Aerobics
7:30	Let God Speak (Aust)
8:00a	Adventures In Missions
8:30	Heart Lift
9:00	Inspirational Hour
9:30	...continued
10:00a	Healthy Living (Aust)
10:30	Maranatha Mission Stories
11:00	Melody From My Heart (Music)
11:30	Salvation in Symbols & Signs
Noon	3ABN Today
12:30	...continued
1:00	Adventist World Radio
1:30	Abundant Living
2:00p	Body & Spirit
2:30	The Incredible Journey
3:00	Kids Camp Kitchen Fun
3:30	The Creation Case (Children)
4:00p	Three Angels for Kids
4:30	People Just Like Us (Aust)
5:00	3ABN Today
5:30	...continued
6:00p	Spotless
6:30	...continued
7:00	3ABN Now (Aust)
7:30	...continued
8:00p	Celebrating Life In Recovery
8:30	...continued
9:00	The Creator Revealed
9:30	Made For Health
10:00p	Digital Disconnect
10:30	Thunder in the Holy Land
11:00	3ABN Today
11:30	...continued

AEST	Monday
Midnt	GYC
12:30	...continued
1:00	Kids Camp Fit Club
1:30	Kids Camp Bible Gems/Kids Camp Bible Buzz
2:00a	Pioneer Media
2:30	...continued
3:00	Behold the Lamb Presents
3:30	...continued
4:00a	Revelation of Hope
4:30	...continued
5:00	3ABN Today
5:30	...continued
6:00a	Sabbath School Panel
6:30	...continued
7:00	Body & Spirit
7:30	Country Wisdom
8:00a	Kenneth Cox Ministries
8:30	...continued
9:00	The Heavens Declare
9:30	Jesus 4 Asia Now
10:00a	Child Impact Intl/Recipes from Russia
10:30	Unshackled Purpose/Intimate Clarity
11:00	When We Talk
11:30	Life After Choice/Divine Design
Noon	3ABN Today
12:30	...continued
1:00	LifeStart Seminars
1:30	Enjoy Healthy Eating (Cooking)
2:00p	Body & Spirit
2:30	Tiny Tots For Jesus (Tots)
3:00	Tiny Tots Kitchen/Tiny Tots Worship
3:30	Awesome Science (Children)
4:00p	3ABN Fall Homecoming
4:30	...continued
5:00	3ABN Today
5:30	...continued
6:00p	Countdown: Back to the Future (Aust)
6:30	...continued
7:00	Your Lifestyle As Medicine (Aust)
7:30	Your Favorites by Request (Music)
8:00p	Behold the Lamb Presents
8:30	...continued
9:00	It's Coming
9:30	...continued
10:00p	Secrets to Wellness
10:30	Unshackled Purpose/RQRA
11:00	3ABN Today
11:30	...continued

AEST	Tuesday
Midnt	Ultimate Prescription
12:30	Enjoy Healthy Eating (Cooking)
1:00	Cook:30 for Kids (Children)
1:30	Kids Camp Sing-Along/Kids Praise Too!
2:00a	Revelation Speaks Peace
2:30	...continued
3:00	Celebrating Life In Recovery
3:30	...continued
4:00a	The Carter Report
4:30	...continued
5:00	3ABN Today
5:30	...continued
6:00a	Revelation Insights
6:30	...continued
7:00	Body & Spirit Aerobics
7:30	Lineage
8:00a	Maranatha Mission Stories
8:30	People Just Like Us (Aust)
9:00	ASAP Ministries
9:30	Melody From My Heart (Music)
10:00a	The Creator Revealed
10:30	Made For Health
11:00	Daniel All Access
11:30	...continued
Noon	3ABN Today
12:30	...continued
1:00	A Wolf in Sheep's Clothing
1:30	Your Favorites by Request (Music)
2:00p	Action 4 Life (Health & Exercise)
2:30	Tiny Tots For Jesus (Tots)
3:00	Kids Camp Sing-Along/Kids Praise Too!
3:30	Cook:30 for Kids (Children)
4:00p	Eternal Truths Matter
4:30	It Is Written
5:00	3ABN Today
5:30	...continued
6:00p	Cook:30
6:30	Amazing Facts Presents...
7:00	3ABN Now (Aust)
7:30	...continued
8:00p	Focus On God's Word (Aust)
8:30	...continued
9:00	Recipes from Russia/Pause to Pray
9:30	Life After Choice/Divine Design
10:00p	Revelation of Hope
10:30	...continued
11:00	🕒 3ABN Today LIVE
11:30	...continued

AEST	Wednesday
Midnt	...continued
12:30	...continued
1:00	Awesome Science (Children)
1:30	Tiny Tots For Jesus (Tots)
2:00a	Three Angels for Kids
2:30	Maranatha Mission Stories
3:00	ASAP Ministries
3:30	Evolution Impossible (Aust)
4:00a	Healthy Living (Aust)
4:30	Mission 360°
5:00	3ABN Today
5:30	...continued
6:00a	Countdown: Back to the Future (Aust)
6:30	...continued
7:00	Body & Spirit
7:30	Adventures In Missions
8:00a	It Is Written
8:30	Tomorrow in 30 Minutes (Aust)
9:00	3ABN Now (Aust)
9:30	...continued
10:00a	Summer Camp Meeting
10:30	...continued
11:00	Mark Finley Presents
11:30	...continued
Noon	3ABN Today
12:30	...continued
1:00	Digital Disconnect
1:30	Cook:30
2:00p	Body & Spirit
2:30	Jesus 4 Asia Now
3:00	Tiny Tots Kitchen/Tiny Tots Worship
3:30	Creation Is! Science/Kids Camp Creation Crafts
4:00p	LifeStart Seminars
4:30	The Incredible Journey
5:00	3ABN Today Cooking
5:30	...continued
6:00p	Optimize 4 Life
6:30	Salvation in Symbols & Signs
7:00	Revelation Insights
7:30	...continued
8:00p	Evolution Impossible (Aust)
8:30	When We Talk
9:00	Secrets Unsealed Presents...
9:30	...continued
10:00p	Summer Camp Meeting
10:30	...continued
11:00	3ABN Today Cooking
11:30	...continued